

**October
2018**

JACKSON SENIOR CENTER CALENDAR

45 Don Connor Blvd. Jackson, NJ 08527
TEL(732)928-2313 Jacksontwpnj.net

Hours
8:30am – 4:30pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>9:00 Workout 10:00 Forever Young 10:00 Ceramics 11:30 Mahjong 12:30 Chess</p>	<p>2</p> <p>9:15 Wii - Bowling 9:30 Crafts – Toyland 10:00 Ceramics 10:30 Zumba w/Atlantic Coast 11:00 Crochet / Knitting 12:30 Poker (game room)</p>	<p>3</p> <p>9:30 Move Easy w/Deanna 10:00 Retro Movie 10:30 Toning Zumba</p>	<p>4</p> <p>9:30 Wii - Bowling 9:30 Crafts-Toyland 10:00 Ceramics 12:30 Poker (game room)</p>	<p>5</p> <p>10:00 Senior Aerobics 11:00 Slow Flow Yoga w/ CareOne 11:00 Crochet/Knitting</p>
Riblet	Swedish Meatballs	Knockwurst	Grilled Chicken	Crab Cake
<p>8</p> <p>Columbus Day</p> <p>- Closed -</p>	<p>9</p> <p>9:15 Wii - Bowling 9:30 Crafts – Toyland 10:00 Ceramics 10:30 Zumba w/Atlantic Coast 11:00 Crochet / Knitting 12:30 Poker (game room)</p>	<p>10</p> <p>9:30 Move Easy w/Deanna</p> <p>12:00 Bingo & Lunch at Spring Oak</p>	<p>11</p> <p>9:30 Wii - Bowling 9:30 Crafts-Toyland 10:00 Ceramics 12:30 Poker (game room)</p>	<p>12</p> <p>10:00 Senior Aerobics 11:00 Slow Flow Yoga with CareOne 11:00 Crochet/Knitting 12:00 Bingo & Lunch at Fountain View</p>
Holiday - Closed	Burger	Turkey Sub	Sweet/Sour Chicken	Eggplant Rollatini
<p>15</p> <p>9:00 Workout 10:00 Forever Young 10:00 Ceramics 11:30 Mahjong 12:30 Chess</p>	<p>16</p> <p>9:15 Wii - Bowling 9:30 Crafts- Toyland 10:00 Ceramics 10:00- 12:00 Flu Shots 10:30 Zumba w/Atlantic Coast 11:00 Crochet / Knitting 11:00 Nutrition Talk</p>	<p>17</p> <p>9:30 Move Easy with Deanna 10:30 Toning Zumba 9:45 Paint & Sip w/Atlantic Coast - Art Project and Brunch</p>	<p>18</p> <p>9:30 Wii - Bowling 9:30 Crafts-Toyland 10:00 Ceramics 12:30 Poker (game room) 12:30 Birthday Cake and Bingo w/Sunrise Assisted Living</p>	<p>19</p> <p>10:00 Senior Aerobics 11:00 Slow Flow Yoga with CareOne 11:00 Crochet/Knitting 12:00 Bingo & Lunch \$15 @ Charlie Browns w/Hampton Ridge</p>
Grilled Chicken	Italian Sausage	Fried Pork	Sweet/Sour Meatballs	Breaded/Tilapia
<p>22</p> <p>9:00 Workout 10:00 Forever Young 10:00 Ceramics 12:30 Chess</p>	<p>23</p> <p>9:15 Wii - Bowling 9:30 Crafts- Toyland 10:00 Ceramics 10:30 Zumba w/Atlantic Coast 11:00 Crochet / Knitting 12:30 Poker (game room)</p>	<p>24</p> <p>9:30 Move Easy with Deanna</p> <p>12:00 Bingo & Lunch at CareOne</p>	<p>25</p> <p>10:00 Breakfast \$3.00 R.S.V.P. By 10/22 10:00 OCSS – Medicare Seminar Q&A 10:00 Ceramics 12:45 Dessert & Bingo with Holy Redeemer</p>	<p>26</p> <p>10:00 Senior Aerobics 11:00 Slow Flow Yoga w/CareOne 11:00 Crochet/Knitting</p>
Sausage & Peppers	Chicken Parm	Burger	Meatloaf	Cheese Omlet
<p>29</p> <p>9:00 Workout 10:00 Forever Young 10:00 Ceramics 11:30 Mahjong 12:30 Chess</p>	<p>30</p> <p>9:00 – 4:00 Medicare Appointments 9:15 Wii - Bowling 9:30 Crafts- Toyland 10:00 Ceramics 10:30 Zumba w/Atlantic Coast 11:00 Crochet / Knitting 12:45 Legal Forum</p>	<p>31</p> <p>9:30 Move Easy with Deanna 10:00 Retro Movie</p>	<p>Please Note: The Men's and Women's Bathrooms are in the process of being renovated. During this time, there will be Handicapped – Portable rest Areas located in the rear Parking lot.</p>	<p>Pardon our Appearance October through December "Please Park in the Rear of the Building During Renovations"</p>
Veal Parmesan	Salisbury Steak	Stuffed Pepper		

RESERVATIONS ARE REQUIRED FOR ALL EVENTS UPDATED 9.27.18