



# August 2017 Newsletter

Melvin Cottrell Center for Seniors and the Disabled  
45 Don Connor Blvd. Jackson NJ, 08527  
TEL (732) 928-2313 www.jacksontwpnj.net



To order a Nutrition Lunch see Calendar for meal selection. Please call 732-928-1200 x-1290 two days in advance to reserve or cancel a spot - Suggested Contribution for meals is \$2.00



Zumba Fitness Sponsored by Atlantic Coast on Tuesdays at 10:30am

Friday, August 11<sup>th</sup> – Hampton Ride Bingo and Lunch – 12:00noon

Wednesday, August 16<sup>th</sup> – Subs & Drinks \$2.00 – 12:00noon  
Sing-a-Long with Ellen – – 12:30pm



Thursday, August 17<sup>th</sup> – Birthday Cake & Bingo with  
Sunrise Assisted Living – 12:30pm



Friday, August 18<sup>th</sup> – Bingo and Lunch with Bartley Healthcare – 12:00noon



Tuesday, August 22<sup>nd</sup> – Bingo and Lunch with Shore Meadow - 12:00noon

Wednesday, August 23<sup>rd</sup> – Movie – “Going in Style” Popcorn & Drinks – 10am

Thursday, August 24<sup>th</sup> – Holy Redeemer Bingo & Dessert – 12:45pm



Monday, August 28<sup>th</sup> – Trip to Seaside Heights - 9:00am

Tuesday, August 29<sup>th</sup> - Trip to Bread from Heaven (limited seating)– 9:00am

Wednesday, August 30<sup>th</sup> – Trip to Howell Movie Theatre – (limited seating) – 10:00am

Thursday, August 31<sup>st</sup> – Bus trip to Columbus Market \$3:00 – 9:00am

### ANTI-DISCRIMINATION STATEMENT

The Township of Jackson does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in the provisions of services. All eligible individuals 50+ are entitled to participate in Senior Center sponsored programs. Reasonable accommodations will be made for individuals with disabilities.

### LIABILITY INSURANCE

Patrons must NOT move tables or equipment at the Senior Center. Please contact the office for assistance.

### PROHIBITIVE ACTIVITIES

The consumption of alcohol, use and or display of harassing behavior, smoking and or profane language is NOT permitted on these premises.

### SAFETY POLICY

When workout is in session please do not enter. In the interest of your safety, coats must be hung up in the designated areas. Do NOT hang garments on the back of chairs.

### REPORTING ACCIDENTS AND INCIDENTS

It is your responsibility, as a Patron utilizing the Senior Center and the grounds, to report any and all Incidents/accidents to persons or property that may arise at this site. Please contact the office to report any problems.

### TRANSPORTATION SERVICES

Bus services are available to the center and to shopping locations a minimum of **one business day** is required to secure a seat.

Call 732-928-2313

After hours, leave a message.