

**February
2026**

JACKSON SENIOR CENTER CALENDAR

45 Don Connor Blvd. Jackson, NJ 08527
TEL(732)928-2313 www.jacksonwtpnj.net

Hours
8:30am – 4:30pm

Monday

Tuesday

Wednesday

Thursday

Friday



Funded in part by a grant
from the Ocean County
Board of Commissioners



How to order a Nutrition
lunch: Reservations can be
made in person or Call
732-928-1200 - Ext.-1290
2 days in advance. Seating
for lunch is 11:00am



2

9:00 – 12:00 Billiards
9:00 Workout
10:00 Forever Young
11:00 – 2:00 Crochet/Knit
12:30 Mahjong

3

9:00 – 12:00 Billiards
**AARP Tax Prep.
By Appointment**
9:30 Light Aerobics
10:00 – 3:00 Ceramics
10:15 Move Easy

4

9:00 - 12:00 Billiards
9:30 Zumba
12:00 Lunch & Learn
“Advances in Pain
Management of the Spine”
w/Dr. Del Guerico-AOSMI
R.S.V.P. By 2/2

5

9:00 – 12:00 Billiards
10:00 – 3:00 Ceramics
12:00 Lunch & Learn with
Frank Marinelli - Medicare & Sound
Hearing Solution will Speak on
Hearing loss + Hearing Test
R.S.V.P. By 2/3
12:30 Mahjong

6

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:30 Wii Bowling
10:00 Slow Flow Yoga

No Lunch

No Lunch

No Lunch

No Lunch

No Lunch

9

9:00 – 12:00 Billiards
9:00 Workout
10:00 Forever Young
11:00 – 2:00 Crochet/Knit
12:30 Mahjong

10

9:00 – 12:00 Billiards
**AARP Tax Prep.
By Appointment**
9:30 Light Aerobics
10:00 – 3:00 Ceramics
10:15 Move Easy

11

9:00 – 12:00 Billiards
9:30 Zumba
**11:00 Black History
Celebration + Lunch**
Sponsored by Bartley
Healthcare - R.S.V.P. By 2/9
Limited Seating

12

9:00 – 12:00 Billiards
10:00 – 3:00 Ceramics
10:30 Legal Forum
12:00 Candy Bingo
12:30 Mahjong

13

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:30 Wii Bowling
10:00 Slow Flow Yoga

No Lunch

No Lunch

No Lunch

Macaroni & Cheese

No Lunch

16



Presidents Day

17

9:00 – 12:00 Billiards
**AARP Tax Prep.
By Appointment**
9:30 Light Aerobics
10:15 Move Easy

Wear 18 Red

9:00 - 12:00 Billiards
9:30 Zumba
9:30 Wii Bowling
**9:30 – 11:30 HMMH
Wellness Screening**
**12:00 “Heart Healthy
Eating” w/HMMH**
R.S.V.P. By 2/17

19

9:00 – 12:00 Billiards
9:30 – 3:00 Ceramics
10:30 Nutrition Talk
“The New Food Pyramid”
11:30 Nutrition Consultation
12:00 B-day Cake & Bingo with
Bold Age Pace - R.S.V.P. By 2/17
Limited Seating
12:30 Mahjong

20

9:00 – 12:00 Billiards
9:00 Senior Aerobics
10:00 Slow Flow Yoga
12:00 Propel Rehab
“Balance Blueprint Your
Personalized Stability +
Fall Risk Screening”
Appointments by 2/18

Closed

No Lunch

Crab Cake

Chicken w/Tomato Pepper

Cheese Omelet

23

9:00 – 12:00 Billiards
9:00 Workout
10:00 Forever Young
11:00 – 2:00 Crochet/Knit
12:30 Mahjong

24

9:00 – 12:00 Billiards
**AARP Tax Prep.
By Appointment**
9:30 Light Aerobics
10:00 – 3:00 Ceramics
10:15 Move Easy

Wear 25 Red

9:00 - 12:00 Billiards
9:30 Wii Bowling
9:30 Zumba
12:00 Lunch & Learn
“Heart Health” w/Marquis
Health - R.S.V.P. By 2/23
Limited Seating

26

9:00 – 12:00 Billiards
10:00 – 3:00 Ceramics
12:00 Paint & Sip w/Affinity
Care & Guiding Hands
R.S.V.P. By 2/24
Limited Seating
12:30 Mahjong

27

9:00 – 12:00 Billiards
9:00 Senior Aerobics
10:00 Slow Flow Yoga
12:00 Lunch & Learn
w/Garden State Medical
“New Interventions for
Back Pain” w/Dr. Jani
R.S.V.P. By 2/25

No Lunch

No Lunch

No Lunch

No Lunch

No Lunch

RESERVATIONS ARE REQUIRED FOR ALL EVENTS

UPDATED 1.27.26