

**July
2022**

JACKSON SENIOR CENTER CALENDAR

45 Don Connor Blvd. Jackson, NJ 08527

TEL(732)928-2313 www.jacksontwpnj.net

Hours
8:30am – 4:30pm

Monday

Please note:
The Center is undergoing HVAC Renovations. This may impact some of our July activities



Tuesday

How to order a Nutrition lunch:
Reservations can be made in person or call 732-928-1200 Ext.-1290 2 days in advance. Seating for lunch is 11:15am

Wednesday



Thursday



Friday

1

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:00 – 1:00 Social
10:00 Slow Flow Yoga
12:00 After lunch game hour

Macaroni & Cheese

4



5
9:00 – 12:00 Billiards
9:30 Zumba
10:15 Move Easy
10:00 – 3:00 Ceramics
11:00 – 2:00 Crochet/Knitting

6

9:00 - 12:00 Billiards
9:30 Light Aerobics
12:00 Bingo & Lunch with Platinum Home Care, Compassus & Bartley Healthcare R.S.V.P. By 7/1

7

9:00 – 12:00 Billiards
9:00 – 1:00 Social
10:00 – 3:00 Ceramics
12:00 After lunch game hour
1:00 Mahjong

8

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:30 Wii Bowling
10:00 Slow Flow Yoga
10:00 – 3:00 Ceramics

Closed

No Lunch

No Lunch

Lemon Chicken

No Lunch

11

9:00 – 12:00 Billiards
9:00 Workout
10:00 Forever Young
10:00 – 3:00 Ceramics
11:00 Mahjong

12

9:00 – 12:00 Billiards
9:30 Zumba
10:00 – 3:00 Ceramics
11:00 – 2:00 Crochet/Knitting

13

9:00 – 12:00 Billiards
9:00 – 1:00 Social
9:30 Light Aerobics
12:30 Snack & Learn with Platinum Home Care and Archer Brogan: "The 3 most Important Documents" R.S.V.P. By 7/11

14

9:00 – 12:00 Billiards
9:00 – 1:00 Social
10:00 – 3:00 Ceramics
12:00 After lunch game hour
1:00 Mahjong

15

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:00 – 1:00 Social
9:30 Wii Bowling
10:00 Slow Flow Yoga
12:00 After lunch game hour

No Lunch

No Lunch

Meatloaf w/Gravy

Baked Ham

Cheese Omelet

18

9:00 – 12:00 Billiards
9:30 – Workout
10:15 Forever Young
10:00 – 3:00 Ceramics
11:00 Mahjong

19

9:00 – 12:00 Billiards
9:30 Zumba
10:00 – 3:00 Ceramics
10:15 Move Easy
11:00 – 2:00 Crochet/Knitting

20

9:00 - 12:00 Billiards
9:30 Wii Bowling
9:30 Light Aerobics
12:00 Bingo & Lunch with Ocean Healthcare R.S.V.P. By 7/18

21

9:00 – 12:00 Billiards
9:00 – 1:00 Social
10:00 – 3:00 Ceramics
12:30 Birthday Cake & Bingo with Platinum R.S.V.P. By 7/19
1:00 Mahjong

22

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:00 – 1:00 Social
9:00 – 11:00 Swap Meet R.S.V.P. By 7/20
10:00 Slow Flow Yoga

No Lunch

No Lunch

No Lunch

Cold Turkey Sub

Pollock Wedge

25

9:00 – 12:00 Billiards
9:00 – Workout
10:00 Forever Young
10:00 – 3:00 Ceramics
11:00 Mahjong

26

9:00 – 12:00 Billiards
9:30 Zumba
10:00 – 3:00 Ceramics
11:00 – 2:00 Crochet/Knitting

27

9:00 - 12:00 Billiards
9:30 Wii Bowling
9:30 Light Aerobics
12:00 Lunch & Learn with Willow Springs R.S.V.P. By 7/25 Limited Seating

28

9:00 – 12:00 Billiards
9:00 – 1:00 Social
10:00 – 3:00 Ceramics
11:00 Nutrition Talk "Gum Disease and High Blood Pressure"
1:00 Mahjong

29

9:00 – 12:00 Billiards
9:00 Senior Aerobics
9:00 – 1:00 Farmer Market Vouchers
10:00 Slow Flow Yoga

No Lunch

No Lunch

No Lunch

Italian Meatball Sub

Crab Cake

RESERVATIONS ARE REQUIRED FOR ALL EVENTS

UPDATED 6.24.22